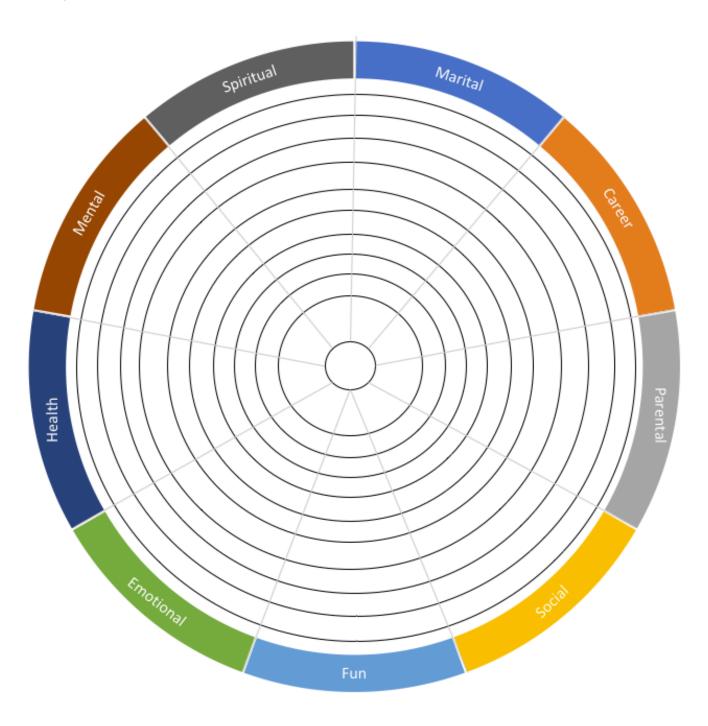


FULFILLED LIFE EVALUATION

Shade in each area on how well you are satisfied with your current position in each category of your life. One shaded ring represents the least satisfied, while ten shaded rings would be most satisfied. Next, define what you want from each area of your life and how you would like to feel about it. Then identify some clear specific actions that you can take to get you to that point.



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